

# phofnf]leqsf]cWbf/f]

by Ramesh Nath Dhungel

ullnt ugh]b08 kfpq' :jeflj s 7x5{. t/ lj gf ck/fwdf b08 kfpq' gllt, Gofu / dfGotfsf]kl/wl j flx/sf]7x5{  
. o:t}5 gkfnl ljBt pkefQmfsf]l:ylt . hn>f]sf]wgl dh\$df ; #f/df ; jebf j19 dNosf]ljBt lsg xg  
kU\$]5 . o:sf xfn}sx]l dxTj kOf{; Fgf j flx/ cfPsf]5 . gkfn ljBt kflws/Ofn]vl/b ug]klt olg6 ljBt'sf]  
dNo - & ; Q6 kb5 . clg To; df @%U ljBt rxfj6 / To; df !)Ü dfq klg kzf; lgs vr{hf\$bf cfbfhl  
gkfnl dNo xg cfp5 ? ^=&% . o:df gkfn 5g . Jofkl/s l; äftdf lagf dgkfn Jofkl/s]cfl-Totf 5g .

cj kZg cfp5 of]l:ylt s; /l >hgf eof] < lj bZl kFl cfs[7 ug]Kvof]7hf]ljBt kl/of]hgfsf]lgldQ . lj bZl  
kFljfnfnf0{p:sf]lx; f]df & ; Q6 tn knf0bf gxg]eof]. cj s]ug]t < of]g}dxTj kOf{lj ifo xf]. o:sf]dVo  
sf/Of xdf]unt cfly\$ lgltsf]xf]. pbf/ cfly\$ glltdf elg65 vlnf klt:kwf{x65 . sfo\$zntfsf]jfhjfnf  
x65 . clg pkefQmfn]klt:kwf{ds Aofkl/s k\$0fsf]knf0bf cg?k ; :t]j :t' kfp5g\ j hf/d'vl cy{oj :yfsf]  
; f/ oxl xf]elg65 . t/ s]t xdf]ljBt dNon]o; }l:yltsf]kltlgw]j ub5 t < k6Ss}xf0g . s/f t pN6f]5  
. kFlfnf0{cfs[7 ug]gfpdf vlnf j hf/ glltsf]k\$0f k'/fg}gu/l vfnl dNo bl]6nf0{dfq ckgf0Psf]5 .  
jf:tjdf slqad dNosf]; xf/fdf lj bZl nufgl klg ; /lft xg ; Qm . 8fefh kl/of]hgdf 0g/f0n]dNo 36fpg  
j flw ePsf]pbfx/Of xdf]; fd'5 . thgfids ?kdf gkfnf kltlsnf]f6 nufgl cit j19 bl]65 . clg ; jebf  
u/lj bZsf pkefQmfn]; #f/sf]; jebf dxuf]lj hhl j flg j flw 5g\ o:n]u/lj sf]6fp5f]df cfly\$ j f0mj 9\$]  
5 . o:n]p:sf]qno zIQmsf]xf]; u/fp5 . uf, jf; , lzlf / :jf:Yodf vr{ug]g; Sg]ePsf]5 . u/lj  
pGdhgsf]ljNsh kltsh c; / kfg]ePsf]5 . o:t]gllt cgz/Of ug]sfodf sf]lhdbf/ 5 < s; h]vfl unf]  
<

o:sf bfZl bj}klf 5g\ xdf]ljwfos / xdf] sZn kzf; s, klj lw1, clg ; #f/df vlnf cfly\$ glltsf]lzlf  
lbg]lj bZl /fi6sf Jofkl/l pBflklt ju{. s]of]cfZro{xf0g . gkfnf ptkfbg xg]lj hhl]sf]dNo dfq dxuf]xg]  
. s]gkfnl kfglsf]uof sd ptkfbglzn eP/ xf]. s]gkfnl xjfkgl, jftfj/Of, ; #f/sf]; jebf lgDg:t/sf]  
eP/ xf]< jf gkfnf; jebf j19 e]6frf/ eP/ xf]. olsg ?kdf t'ofl yxf5g t/ bl]65 o:sf b0{sf/Of xg\  
M Ps xf]klj wl bf}f]e]6frf/, klj wlsf]dNo wgl bZdf ; :t]xg]clg u/lj dh\$df dxuf]xg]sf/Of s]xg <  
bf}f]e]6frf/ dQm ; dfh ; fob sd}5g\cfhsfn . yf]j xt e]6frf/sf]dNo lt/] klg klt ug]bZx? 5g\  
; #f/df sf]vof, yf0n08, hfkfg cfb cfb w]5g\ ef/tnf0{klg lng ; ls65 o:df xdf]e]6f j19 klt xgkG]  
sf/Of p:sf]sx]l 5g . cj t e]6f / jEnfbZ xdf]lgldQ pbfx/Of jGg nfu\$ 5g\ gkfn]kfgl dfq dxuf]  
xf0g . e]6frf/ klg cit dxuf]5 . ; fob nlf5 gkfn]sf]cfly\$ ; dGlt]Ps dfq cfwf/ e]6frf/ dfq xg5 .  
h:sf]km:j?k gkfnl wgf90sf]3/ cd]v/sl wgl]sf]3/ ; /x bl]65 . clg /ftf/ft wglx?sf]; Wodf gkfn]  
lgs}klt u/\$]xg5 . sg}bZsf]cfly\$ ; d0tsf]dNof]g ug]cfwf/dfg}kl/j t0g ug]kg]x65 . of]hg  
cfof]un]; flf/tf kltztdf ullnt b]5 . gf/l]sf]ufox:y{ptkfbgd] of]ubfg sd bl]b5 eg]o:df klg kSs}ullnt  
vf0fpg ; Qm5 g). ; fRr}e]6g]xf]eg]gful/stf gkPsf elgg]\$) nfv gkfn]nf0{o; lx; fj jf6 cnu ug]xf]  
eg] gkfn]sf]cfly\$ pglit b/ w]dfly bl]vg cfp5 . xdf] cfly\$ clej]asf]of]hg kOf{ePsf]7xg]5 .  
ufp]gkfnl geP/ s]eof] < ; Sgh]j f0nsf]kfgl lkPs}5g\ . cd]v]sgn]gkpg]/S; gkfn]lkPs}5g\  
kfg; sf]j f0g klg las\$}5 . xj f0hxfhj6 ufl8 9]flg u/] ; #f/sf dxuf]uf8lsf]; fy klg t gkfn]ug]  
; Qm5g\ . hg ; jf ug]xdf]kltlgw]x?n]; ljwf jkt ufl8 t cj gkfp]eP x]nsf]6/ lbPd] klg lgZrog]  
!)) x]nsf]6/ Ps xktdf lj Sg]5g\

xf0g eg]ljBt zIQm dxuf]gxg jf6 jRg b0{pkfo ckgfpg' kg]x65 hn>f] glltdf ; wf/ clg e]6frf/nf0{

lgofq0fsf]/\f dgl Nofpg]. hn>f] gltsf];wf/tkmf cllbog e0/x\$}5 . ; fob oyfy{fsf]cgz/Of xg}5 .  
jf:tjdf ljBt ptkfbg dfq ; d:of xfg- ljBt k|f/Of / lj t/Of klg Tolts}dxlj kof{j:t' 5g\ ljBtnf0{c6o  
pkefQmf j:t' ; /x kofu ugIglit xg h?/l 5 . o:sf]klg yf\$ dNo, pkefQmf dNo, ; do ; fk]f dNo cflb ; j  
klfsf]cg' /of ul/g' kb5 . lbgf]!@ 306f dfq pkefu u/] jf5L !@ 306f sf]lgldQ cgbfg lbg' plrt xbg  
j? dNosf]t/ntf jf6 lj qm kll; fxlT xgkb5 . pkefQmf]to:jf6 km0bf lng]df\$ kfpq' kb5 .

dxuf]klj wlsf]sf/0fsf]klg 5fgljg xgkb5 . s:n]sit dxuf]k#of]. jlrdf vfg]Vj fpg]sf]xf]. kf/blz{fsf]  
l; af{tsf]cg' /of ul/g' kb5 . cat klaw lasf; ug]bzx?n]cf^gf]klaw laqm u/l 3; gVj fpg]klta4tf  
hfx] u/\$f 5g\ qm}u sfggsf]; Argf klg ub\$g . cf0-; =8L= (OECI) dh5x?n]o; klT klta4tf hfx]  
ul/ ; s\$}5g . ljZj a\$]n]Cof lbbf jf vl/b k\$ofdf kf/blz{f sf]l; 4f{tsf]cgz/Of ul/; s\$}5 . xfdln]  
klg efif0f ul//x\$}5f}. cj kfn]gkfnl hgtfsf]xf]. o:sf]b/ kj]Qsf]lj?â ; ; Qm cfcbfng ug{ ; xsfo\$]  
cleofg ; ? ug]. jladfgnf0{0{f/f sflkm egem}olb xfdl lj wfosx?n]efiff j%5g\eg]Jojxf/df ; wf/ ug{  
kb5 . kzf; sx?n]klg Jojxf/df ; wf/sf]; ?jft ug{j} xg\$ . hgtfn]klg unt sfo\$]klT/fv ; ? ug{j}  
xg]5 .